CONTENTS

PAGE

1.	Introduction1				
	1.1.	How the Phase 1 Program Started			
	1.2.	Objectives and Working Group Structure			
2.	Program I	Description			
	2.1.	Description of the Mir-Shuttle and Mir-NASA Programs			
	2.2.	The Mir Space Station's Flight Program in 1994 - 98			
	2.3.	Phase 1 Joint Mission Information			
	2.4.	Shuttle Mission Preparation Joint Milestones			
3.	Shuttle In	tegration With <i>Mir</i>			
	3.1.	Introduction			
	3.2.	Structure/Process/Organization Relationships			
	3.3.	Joint Accomplishments			
	3.4.	Docking System			
	3.5.	Lessons Learned/Applicability to ISS			
4.	-	ivery and Return			
	4.1.	Summary Data on Cargo Delivered to/Returned From the <i>Mir</i> Under the <i>Mir</i> Shuttle/Mir-NASA Programs			
	4.2.	List of Russian Cargo on Shuttle Flights to the Mir Station			
	4.3.	Unique Features of <i>Mir</i> -Shuttle and <i>Mir</i> -NASA Orbiter Flights With Respect to Russian Cargo Accommodation			
	4.4.	Principal Stages of Orbiter Processing for Carrying Russian Logistics			
	4.5.	Parties' Primary Accomplishments Under Mir-Shuttle/Mir-NASA Programs			
5.	Joint Shut	tle- <i>Mir</i> Operations105			
	5.1.	Mission Control and Real-Time Operations During Shuttle Docking Flights			
	5.2.	Operations During the Long-Duration Missions			
6.	•	surance Process			
	6.1.	Introduction			
	6.2.	Documentation Structure			
	6.3.	Policies and Ground Rules			
	6.4.	Top Safety Joint Accomplishments			
	6.5.	Top Safety Lessons Learned			
_	6.6.	Conclusions			
7.		143			
	7.1.	Overview of Crew Training			
	7.2. 7.3.	Training of Astronauts in Russia Min Station Stateme and Service TM Training			
	7.3. 7.4.	Mir Station Systems and Soyuz TM Training Training in the Soyuz TM Integrated Simulator			
	7. 4 . 7.5.	Training of Astronauts on <i>Mir</i> Orbital Complex Simulators and System Mockups			
	7.5. 7.6.	Conclusions and Proposals for the Overall Astronaut Training Program			
	7.0.	Training for Cosmonauts in the U.S.			
	7.8.	Crew Training for Execution of the Science Program			
	7.9.	NASA Astronaut Training for the <i>Mir</i> EVA Program			
	7.10.	Summary of <i>Mir</i> -NASA Crew Training			
8.		Working Group			
	8.1.	Executive Summary			
	8.2.	Structures/Processes/Relationships			
	8.3.	Certificate of Flight Readiness (COFR) Process			
	8.4.	Training			
	8.5.	Accomplishments			
	8.6.	Lessons Learned			
	8.7.	Summary of Joint Cosmonaut-Astronaut EVA			

(CONTINUED)

PAGE

9.	Medical S	Medical Support				
	9.1.	Introduction				
	9.2.	Goals				
	9.3.	Principles and Structure				
	9.4.	Evaluating Crew Health and Medical Monitoring				
	9.5.	General Crew Training Overview				
	9.6.	Astronaut Training				
	9.7.	Biomedical Crew Training				
	9.8.	Role of Russian Flight Surgeons				
	9.9.	Conclusions and Recommendations for the Overall Medical Support Program				
	9.10.	Accomplishments and Lessons Learned				
	9.11.	Summary of the Medical Support Group's Accomplishments				
10.	Crew Ope	erations on <i>Mir</i>				
	10.1.	Introduction				
	10.2.	Joint Activities of Mir and Shuttle Crews				
	10.3.	NASA Astronaut Crew Transfers				
	10.4.	Accomplishments				
	10.5.	Objectives				
	10.6.	Crew Responsibilities				
	10.7.	EVA Operations				
	10.8.	Interactions of the Russian-American Crews With the Main Real-Time Operations				
		Management Group and the NASA Consultant Group at MCC-M				
	10.9.	Conclusions and Recommendations				
11.	Science Pr					
	11.1.	Introduction				
	11.2.	Mission Science Working Group (WG-4)				
12.	12. NASA Russian Public Affairs Working Group (WG-1) Report					
	12.1.	Responsibilities				
	12.2.	Structure				
	12.3.	Accomplishments				
	12.4.	Lessons Learned and Applications to ISS				
13.	ons to the International Space Station (ISS)					
	13.1.	Unique Issues				
	13.2.	Use of Shuttle for the Space Station Logistics Support				
	13.3.	Interaction Between International Crews				
	13.4.	Space Station System Serviceability Over a Long-Term Mission				
	13.5.	Experience in Off-Nominal Situations Recovery				
	13.6.	Joint Ground Operations With Logistics Items				
	13.7.	Research of Station Environment				
	13.8.	Russian/U.S. Cargo Integration				
	13.9.	Development of Joint Documents				
	13.10.	Experience Gained in Joint Shuttle/Mir Complex Control From MCC-H/MCC-M				
	13.11.	Science Research Accomplishments				
	13.12.	Combining Experience of Two Space Engineering Schools				
14.						
15.	15. Acronym List					

TABLES AND FIGURES

Section	on Table/Figure Name	Table/ Figure No.	Page No
1.0	Phase 1 Joint Working Group Structure	1.1	4 - 6
2.0	Mir/NASA Integrated Flight Schedule	2.1	15 - 19
	Dates and complement of U.S. long-duration missions on board Mir	2.2	20
	Dates and complement of Phase 1 Missions	2.3	21 - 24
	0002 Joint Milestones Template, Long-Duration Missions	2.4	29-30
3.0	Summary of Supply Water Transferred to Mir	3.1	48
	Mir Pressurization Data	3.2	50
4.0	Data on cargo traffic to the Mir on Shuttle vehicles	4.1	60
	Russian cargo delivered on STS-71	4.2	61
	Russian cargo returned on STS-71	4.3	62
	Russian cargo delivered on STS-74	4.4	63
	Russian cargo returned on STS-74	4.5	64
	Russian cargo delivered on STS-76	4.6	65
	Russian cargo returned on STS-76	4.7	66
	Russian cargo delivered on STS-79	4.8	67
	Russian cargo returned on STS-79	4.9	68
	NASA 2 (Shannon Lucid) returned individual equipment	4.10	69
	Russian cargo delivered on STS-81	4.11	70
	Russian cargo returned on STS-81	4.12	71
	NASA 3 (John Blaha) returned individual equipment	4.13	72
	Russian cargo delivered on STS-84	4.14	73
	Russian cargo returned on STS-84	4.15	74
	NASA 3 and NASA 4 (Jerry Linenger) returned individual equipment	4.16	75
	Russian cargo delivered on STS-86	4.17	76 - 77
	Russian cargo returned on STS-86	4.18	78
	NASA 5 (Michael Foale) returned individual equipment	4.19	79
	Russian cargo delivered on STS-89	4.20	80
	Russian cargo returned on STS-89	4.21	81
	NASA 5 (David Wolf) returned individual equipment	4.22	82
	Russian cargo delivered on STS-91	4.23	83
	Russian cargo returned on STS-91	4.24	84
	NASA 7 (Andrew Thomas) returned individual equipment	4.25	85
	Summary of the mass of Russian logistics material components transported to <i>Mir</i> on the Shuttle	4.26	86
6.0	Joint Safety Assurance Working Group Documentation Structure	6.1	137

(CONTINUED)

			PAGE
7.0	Crew Exchange and Training Working Group Documents	7.1	144 - 145
	Astronaut Rotation on the Mir	7.2	150
	Scope and dates of training	7.3	151
	Scope of training as part of a group for U.S. Astronauts	7.4	152
	Scope of training as part of a crew for U.S. Astronauts	7.5	153 - 154
	Summary of the typical training program	7.6	157
	Practical Classes and Classes on the Flight Data Files, <i>Mir</i> Technical Status, Structure and Functioning of GOGU Groups and Mission Program	7.7	159
	Integrated Training Sessions	7.8	160
	Cosmonaut Shuttle Training	7.9	162 - 163
	EVAs by NASA Astronauts in Russian American Mir Crews	7.10	173
8.0	Joint Shuttle/Mir EVAs	8.1	188 - 190
9.0	Dates and Volume of NASA Astronaut Training	9.1	210
	Listing and Volume of NASA Astronaut Health Monitoring	9.2	211
	Areas and Volume of Astronaut Training in Spaceflight Factors (hours)	9.3	212
	Biomedical Mission Program Training (hours)	9.4	213
	NASA Astronaut Technical Training (hours)	9.5	214
	Astronaut Physical Training (hours)	9.6	215
	General Information on Medical Support of <i>Mir</i> -NASA Phase 1 Joint Crew Flight on <i>Mir</i> (NASA 1-7)	App. 1	216 - 217
	Russian - U.S. Joint Contributions to the Phase 1 Medical Program	App. 2	218
	Space Medicine Program Mir-NASA Phase 1 Research Content	App. 3	219 - 220
	Space Medicine Program Research Mir-21/NASA-2	App. 4	221
	Space Medicine Program Research Mir-22/NASA-3	App. 5	222
	Space Medicine Program Research Mir-23/NASA-4	App. 6	223 - 224
	Space Medicine Program Research Mir-23/NASA-5	App. 7	225 - 226
	Space Medicine Program Research Mir-24/NASA-6	App. 8	227 - 228
	Space Medicine Program Research Mir-25/NASA-7	App. 9	229 - 230
	Information Concerning Psychological Support of American Astronaut Missions on the <i>Mir Mir</i> -NASA Program	App. 10	231
10.0	EVAs in Open Space from the Mir Complex	10.1	238
11.0	Number of Long-Duration Investigations per Discipline	11.1	253
	List of Phase 1 Principal Investigators and their Experiments	11.2	257 - 260
	Table of Phase 1 Investigations per Mission Increment	11.3	261 - 264
	Phase 1 Postflight Reports (Table of Contents)	11.4	265 - 276
	List of Phase 1 Peer-Reviewed Publications	11.5	277 - 278
	Phase 1 Symposia Presentations	11.6	279 - 282
13.0	Experience in Cooperation from Joint Russian - U.S. Program <i>Mir</i> -NASA Applicable to ISS	13.1	293